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ONTARIO

Department of Education

Department of Health

Summer Course

Health Education

IN

Elementary Schools

AT

NORTHERN VOCATIONAL SCHOOL
MOUNT PLEASANT ROAD
AND
BROADWAY AVENUE
TORONTO

July 3rd to August 4th, 1939

COURSE IN HEALTH EDUCATION

The seventh Summer School in Health Education will be held in Toronto at the Northern Vocational School, from July 3rd to August 4th, 1939, under the joint direction of the Provincial Departments of Education and Health.

The course aims to present the development of modern health education in the Elementary School.

The Department of Education has listed it as one of the accredited summer school courses leading to a permanent certificate.

To this course may be admitted holders of professional certificates qualifying them to teach in the schools of the Ontario Provincial System. Students from outside the Province are admitted upon presentation of acceptable credentials.

No examination will be held at the end of the course. To qualify for credit in the course, the teacher is required to complete satisfactorily the specified assignments and during a subsequent year of teaching to give satisfactory evidence of the practical application of the principles of healthful school living, health instruction and health services in the school.

The Registration Fee for the course is Ten Dollars. Incidental expenses, including field trips, books, etc., should not exceed Five Dollars.

OUTLINE OF COURSE

I. SCHOOL HEALTH EDUCATION—LECTURES.

The need of health education in the school.

Health education—definition of terms.

Healthful school living.

The teacher and health education.

The health of the teacher.

The individual child.

Health services.

Recreative physical activities.

Self control.

Safety.

First aid.

II. SCIENTIFIC AND TECHNICAL INFORMATION REQUIRED BY THE TEACHER FOR HEALTH INSTRUCTION AND HEALTH SERVICE IN THE ELEMENTARY SCHOOLS—LECTURES.

The body and its functions.

Food in relation to the needs of the body.

The mental, emotional and social life of the individual.

The control of communicable diseases.

The commoner physical defects of school-age children.

School and community hygiene.

III. PRACTICAL INTERPRETATION OF HEALTH EDUCATION IN THE ELEMENTARY SCHOOLS.

Discussion Groups and Demonstrations.

Organization of health instruction in the curriculum of :

(a) Rural Schools,

(b) Urban Schools.

Methods, activities and materials used in health instruction.

Activities, procedures and materials for the junior grades.

Activities, procedures, materials and methods of instruction suitable for the intermediate and senior grades.

Nutrition problems of the school age child.

Health problems of the school, home and community.

Physically handicapped, mentally handicapped and behaviour-case children.

Health instruction in the various grades.

Demonstrations of recreative physical activities suitable for all grades.

Demonstration of athletics and competitive games suitable for intermediate and senior grades.

IV. CONFERENCES.

Individual conferences with teachers on problems relating to personal health and to the health of the school-age child.

V. FIELD TRIPS.

Field trips for the study of community health services.

VI. CO-OPERATIVE ENTERPRISES RELATED TO PERSONAL AND COMMUNITY HEALTH.

VII. DEMONSTRATION SCHOOL.

A Demonstration School will be conducted during the first four weeks of the course. Children will be enrolled in the eight grades of the elementary school. The classes will be in charge of teachers who hold professional certificates and who are further qualified in health education. Teachers in attendance will have an opportunity to observe the classes of the Demonstration School.

VIII. EXHIBITS OF MATERIALS AND REFERENCE LIBRARY ON HEALTH.

One of the most interesting and valuable features of the course is the showing of materials, units and enterprises on health from the schools of the Province. These have been developed in the schools under the direction of teachers who have attended former sessions of the course in health education. An additional feature is a reference library of over two thousand publications relating to health education. A trained librarian directs the reading and reference of the students in attendance.

IX. RECREATION.

Recreative physical activities including tennis, badminton and swimming will be organized for those attending the course. Students are recommended to bring suitable clothing and footwear for use in the gymnasium.

X. MEDICAL EXAMINATION.

In order that the teacher may have a practical knowledge of the value of medical, nursing and dental services in the school, and a professional opinion of his own health, a complete physical examination will be offered. Although the examination is not compulsory, it is strongly recommended that each teacher attending the course secure this examination. A fee of $4.00 will be charged to cover the cost.

Application

Application forms may be secured from the Deputy Minister, Department of Education, Parliament Buildings, Toronto. Since the number admitted to the course may be limited, teachers should file applications with the Department of Education not later than June 15th.

Registration

Time—Monday, July 3rd, 9 a.m. to 2 p.m.

Place—Northern Vocational School, Mount Pleasant Road and Broadway Avenue, Toronto.

Classes

Classes will begin Monday, July 3rd, at 2 p.m.

In response to representations made by the Minister of Education, the Canadian Passenger Association has authorized a reduced fare to teachers attending summer courses under the Ontario Department of Education.